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**Suicidal Ideation and Psychological Distress in Patients with  
 Substance use disorders and non- users**

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**Abstract:** The aim of the present study is to measure the suicidal ideation and psychological distress (depression, anxiety, and stress) among patients with substance use disorders and non-users. The participants for the study were 60 patients with substance use disorders and 60 non-users, with ages range from 18 to 35 years. The participants were evaluated through G Power software. The data was collected from drug rehabilitation centers and hospitals in Lahore, Pakistan. The Suicidal Ideation Attributes scale (Spijker et al., 2014), and Depressions, Anxiety, Stress Scale (Lovibond & Lovibond, 1995) was used to study the variables. The data is analyzed with SPSS 21 software. The t-test is used to analyze the results of the study variables. There were significant differences found in suicidal ideation and psychological distress (depression, anxiety and stress) among patients with substance use disorders and non-users.

**Keywords:** Suicidal Ideation, Distress, substance use disorders

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